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| YMCA | | | | | |
|  | | released: | | | October 1, 2017 |
| CHOREO: | Alise Halbert (Cuesheet by Richard Lamberty) | | **EDIT DATE:** | August 29, 2017 | |
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| music: | YMCA (Berk and the Virtual Bank – Jazz Chill 2) | | **LINKS: See below** | | |
| RHYTHM: | Rumba | |  | | |
| PHASE (+): | IV + 2 (Natural Top, Spiral) | | | | |
| footwork: | Opposite unless indicated *[W: Woman’s footwork in italics]* | | | | |
| SEQUENCE: | Introduction A B A B (1 – 8) A (9 – 18) B Ending | | | | |

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|  | **Introduction** |
| **1 – 8** | **Wait in Bolero for Drum Beats. Wheel 6; ; Open Break (BFLY); Crab Walks; ; Thru Serpiente; ; Thru Face Close;** |
|  | Wait for the drum beats in Bolero Position WALL with lead feet free. |
| 1 – 2 | **[Wheel 6 (QQSx2)]** Wheel RF forward L, R, L, -; Continue RF Wheel forward R, L, R blending to CP WALL, -; |
| 3 | **[Open Break (QQS)]** Rock apart L, recover R, close L ending in BFLY WALL, -;  *[W: Rock apart R, recover L, close R ending in BFLY, -;]* |
| 4 – 5 | **[Crab Walk (QQSx2)]** XRif, side L, XRif, -; Side L, XRif, side L, -; |
| 6 – 7 | **[Thru Serpiente (QQSx2)]** Thru R, side L, R Xib, flare L; L Xib, side R, thru L, flare R;  *[W: Thru L, side R, L Xib, flare R; R Xib, side L, thru R, flare L, -;]* |
| 8 | **[Thru Face Close (QQS)]** Thru R, side L turning RF to face Partner and WALL, close R, -; |
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| **9 – 16** | **Hand to Hand to LOP; Back Walk 3; Back Basic; Forward / Spiral, Walk 2; New Yorker to OP; Walk, Forward / Spiral, Walk; Face Cucaracha Cross and Ronde to a Spot Turn; ;** |
| 9 | **[Hand to Hand (QQS)]** Turning LF to OP LOD rock back L, recover R, turning RF to face partner and WALL side L, -; |
| 10 | **[Back Walk 3 (QQS)]** Turning to LOP RLOD back R, back L, back R, -; |
| 11 | **[Back Basic (QQS)]** Rock back L, recover R, forward L, -; |
| 12 | **[Forward (Spiral), Forward, Forward (QQS)]** Releasing lead hands forward R then spiral LF 7/8 *[W: Spiral RF]*, continue LF turn 1/8 forward L toward RLOD, forward R joining lead hands, -; |
| 13 | **[New Yorker (QQS)]** Rock thru L, recover R, turning to face Woman and WALL side L, -; |
| 14 | **[Forward, Forward (Spiral), Forward (QQS)]** Turning LF to face LOD and releasing lead hands thru R in OP, releasing trail hands forward L then spiral RF 7/8 *[W: Spiral LF]*, continue RF turn 1/8 forward R down LOD joining trail hands in OP LOD, -; |
| 15 | **[Face Cucaracha Cross & Ronde (QQS)]** Turning RF to face Partner and WALL rock side L joining lead hands in BFLY WALL, recover R, forward and across L toward RLOD, ronde R turning LF to face Partner and WALL; |
| 16 | **[Spot Turn (QQS)]** Forward and across R toward LOD and turn LF 1/2 to face RLOD, recover L continue LF turn, side R toward RLOD blending to BFLY WALL, -; |
|  | **Part A** |
| **1 – 8** | **Basic to Fan; ; Hockey Stick; ; New Yorker; Aida; 3 Cross Swivels and Thru Face Close; ;** |
| 1 – 2 | **[Basic to Fan (QQSx2)]** Rock forward L, recover R, side L, -; Rock back R, recover L turning body slightly toward LOD (shaping to the Woman), side R ending in Fan WALL, -;  *[W: Rock back R, recover L, side R, -; Rock forward L, turning 1/4 LF back R down LOD, back L ending in Fan looking toward RLOD, -;]* |
| 3 – 4 | **[Hockey Stick (QQS x 2)]** Rock forward L, recover R, close L raising joined lead hands, -; Turning 1/8 RF to face DRW rock back R toward DLC leaving left foot extended forward, recover L, side R ending in LOP-FCG DRW, -;  *[W: Close R, forward L, forward R, -; Forward L, forward R in front of left as if on a tight rope then spiral 1/2 LF to face DLC, side and back L ending in LOP-FCG, -;]* |
| 5 | **[New Yorker (QQS)]** Rock thru L, recover R, turning to face Woman and WALL side L, -; |
| 5 | **[Aida (QQS)]** Thru R, forward L then spiral 1/2 RF joining lead hands and releasing trail hands, continue RF turn back R ending in a V Back to Back facing RLOD with lead hands joined, -; |
| 7 – 8 | **[3 Cross Swivels & Thru Face Close (SS S{QQQ})]** Thru L then swivel LF to face Partner and WALL and join hands in BFLY (‘Need’), -, thru R then swivel RF (‘To’), -; Thru L then swivel LF (‘Be’), -, {thru R (‘Un’), side L (‘hap’), close R (‘py’)};  **NOTE: Measure 8 contains a musical triplet. In a Triplet the Slow that is normally equal to 2 Quicks is instead equal to 3 EVEN beats that take the same time as the Slow.**  **Round Dancing does not contain notations for that, so we recommend that you dance using the lyrics as a guide.** |
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| **9 – 18** | **Forward Basic; Whip to LOP; Walk 3; Sliding Door; Rock Apart, Face, Close to an Alemana Turn; ; Forward, Lady Develope; Recover & Side Walk 3; Close to Lunge and Twist; ;** |
| 9 | **[Forward Basic (QQS)]** Rock forward L, recover R, side L turning LF 1/4 to face LOD, -;  *[W: Rock back R, recover L, side and forward R, -;]* |
| 10 | **[Whip to LOP (QQS)]** Back R with partner passing on your left side, recover R turning LF to face COH, side R ending in LOP LOD, -;  *[W: Forward L on Man’s left side, forward R then spiral LF 1/2 to face WALL, side L ending in LOP LOD, -;]* |
| 11 | **[Walk 3 (QQS)]** Forward L, forward R, forward L, -; |
| 12 | **[Sliding Door (QQS)]** Rock apart R, recover L releasing lead hands, XRif passing behind Woman and joining trail hands, -;  *[W: Rock apart L, recover R releasing lead hands, XLif passing in front of and joining trail hands, -;]* |
| 13 | **[Rock Apart, Recover to Face, Close (QQS)]** Rock apart L, recover R turning RF to face Partner and WALL, close L joining lead hands preparing for the Alemana Turn, -; |
| 14 | **[Alemana Turn (QQS)]** Turning 1/8 RF rock back R toward DLC leaving left foot extended forward allowing Woman to step forward under joined lead hands, recover L toward DRW, swivel LF 1/8 to face WALL close R blending to BFLY WALL, -;  *[W: Collect left foot and swivel RF 1/8 then step forward L toward DLC under joined lead hands leaving right foot extended back, spiral RF 1/2 then step forward R toward DRW, collect left foot then swivel RF 3/8 to face COH then step side L small step blending to BFLY, -;]* |
| 15 – 16 | **[Forward, Lady Develop; Recover & Side Walk 3 (SS S{QQQ})]** Forward L checking and leaving R extended back (‘Way’), -, hold *[W: Develope]* (‘To’), -; Recover R (‘Have’), -, {side L (‘A’), close R (‘Good’), side L (‘Time’)};  *[W: Back R checking leaving L extended forward (‘Way’), -, raise left knee to a comfortable height and without lowering the knee extend the left foot forward with toes pointed (‘To’), -; Recover L (‘Have’), -, {side R (‘A’), close L (‘Good’), side R (‘Time’)};]*  **NOTE: Measure 16 contains another Triplet.** |
| 17 – 18 | **[Close, Lunge; Twist, Recover (SS SS)]** On the strong beats Close R, -, lunge side L, -; Twist turning slightly toward RLOD still in BFLY with lead hands slightly raised and trail hands slightly lowered, -, recover R to BFLY WALL (‘Stay), -; |
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|  | **Part B** |
| **1 – 8** | **Open Break (w/ ‘Y’) into Full Natural Top; ; ; ; Back Away 3 Snap; Together 3 Patti Cake; Circle Away and Together; ;** |
| 1 | **[Open Break (QQS)]** Rock apart L releasing hands and raising them into a ‘Y’ overhead, recover R, side L turning RF 1/4 to face RLOD and blending to CP, -;  *[W: Rock apart R raising hands in a ‘Y’ overhead, recover L, forward R turning 1/4 RF toward LOD blending to CP, -;]* |
| 2 – 4 | **[Full Natural Top (QQSx3)] Hook R** behind with toes of R facing COH (“7”) (1/4 turn RF in feet), pushing off right foot and swiveling slightly RF **side L** turning RF to face DLC (“11”) (1/8 turn RF in feet), continue RF turn **hook R** behind with toes of R facing DLW (“7”) (1/4 turn RF in feet), -;  5: Pushing off right foot and swiveling slightly RF **side L** turning RF to face WALL (“11”) (1/8 turn RF in feet), **hook R** behind with toes of R facing RLOD (“7”) (1/4 turn RF in feet), pushing off right foot and swiveling slightly RF **side L** turning RF to face DRC (“11”) (1/8 turn RF in feet), -;  6: **Hook R** behind with toes of R facing DLC (“7”) (1/4 turn RF in feet), pushing off right foot and swiveling slightly RF **side L** turning RF to face LOD (“11”) (1/8 turn RF in feet), continue RF turn **close R** near L ending in loose CP facing WALL (“11”) (1/4 turn RF in feet and body), -;  *[W: Pushing off right foot and swiveling RF* ***side L*** *turning RF to face WALL (“11”) (1/4 turn RF), leaving right foot between Man’s feet continue RF turn* ***transfer weight on to R*** *with toes of right foot pointed toward DRW (“7”) (1/8 turn RF), pushing off right foot and swiveling RF* ***side L*** *turning RF to face DRC (“11”) (1/4 turn RF), -;*  *5: Leaving right foot between Man’s feet continue RF turn* ***transfer weight on to R*** *with toes of right foot pointed toward COH (“7”) (1/8 turn RF), pushing off and swiveling RF* ***side L*** *turning RF to face LOD (“11”) (1/4 turn RF), leaving right foot between Man’s feet continue RF turn* ***transfer weight on to R*** *with toes of right foot pointed toward DLW (“7”) (1/8 turn RF) , -;*  *6: Pushing off right foot and swiveling RF* ***side L*** *turning RF to face DRW (“11”) (1/4 turn RF), leaving right foot between Man’s feet continue RF turn* ***transfer weight on to R*** *with toes of right foot pointed toward RLOD (“7”) (1/8 turn RF), pushing off right foot and swiveling RF* ***side L*** *small step ending in CP facing COH (“11”) (1/4 turn RF), -;]* |
| 5 | **[Back Away 3 Snap (QQS)]** Back away L, R, L, snap; |
| 6 | **[Together 3 Patti Cake (QQS)]** Together R, L, R, simultaneously using the flat of the both hands patti cake slap with partner (lead hands to lead hands, trail hands to trail hands); |
| 7 – 8 | **[Circle Away and Together (QQSx2)]** Circle LF in 6 walking steps L, R, L, -, R, L, R to end in OP Facing Partner and WALL no hands joined, -;  *[W: Six walking steps turning RF R, L, R, -; L, R, L, -;]* |
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| **9 – 16** | **Hand to Hand to LOP; Back Walk 3; Back Basic; Forward / Spiral, Walk 2; New Yorker to OP; Walk, Forward / Spiral, Walk; Face Cucaracha Cross and Fan to a Spot Turn; ;** |
| 9 – 16 | **Repeat measures 9 – 16 of the Introduction.** |
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| **Repeat Part A**  **Repeat Part B (Meas 1 – 8)**  **Repeat Part A (Meas 9 – 18)**  **Repeat Part B** | |
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|  | **Ending** |
| **1** | **Corte.** |
| 1 | **[Corte (S.)]** Corte side and back L and hold. |
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**Links:**

Listen to the whole song:

<https://www.youtube.com/watch?v=N45fBnZq6Us>

Purchase:

<https://www.amazon.com/dp/B01M3PQT1K/ref=dm_ws_tlw_trk28>

**YMCA – HALBERT – RB IV+2 – Berk & the Virtual Band – 3:34**

**Intro (16 meas)**

In Bolero Pos WALL wait the drums then start immediately with:

Wheel 6 to face ;; Open Break to BFLY ; Crab Walks ;;

Thru Serpiente ;; Thru, Face, Close ;

Hand to Hand to LOP ; Back Walk 3 ; Back Basic ; Forward Spiral and Walk 2 ;

New Yorker to OP ; Walk, Forward Spiral, Walk ; Cucaracha Cross & Ronde to a Spot Turn ;;

**Part A (18 meas)**

Basic to Fan ;; Hockey Stick ;; New Yorker ; Aida ;

Cross Swivel 3x and Thru Face Close ;;

Forward Basic ; Whip to Left Open ; Walk 3 ; Sliding Door ;

Rock Apart, Face, Close to an Alemana Turn ;;

Forward Lady Develope ; Recover & Side Walk 3 ; Close, Lunge ; Twist, Recover ;

**Part B (16 meas)**

Open Break (w/ Y) to Full Natural Top ;;;;

Back Away 3 SNAP ; Together 3 Slap ; Circle Away and Together ;;

Hand to Hand to LOP ; Back Walk 3 ; Back Basic ; Forward Spiral and Walk 2 ;

New Yorker to OP ; Walk, Forward Spiral, Walk ; Cucaracha Cross & Ronde to a Spot Turn ;;

**Part A (18 meas)**

Basic to Fan ;; Hockey Stick ;; New Yorker ; Aida ;

Cross Swivel 3x and Thru Face Close ;;

Forward Basic ; Whip to Left Open ; Walk 3 ; Sliding Door ;

Rock Apart, Face, Close to an Alemana Turn ;;

Forward Lady Develope ; Recover & Side Walk 3 ; Close, Lunge ; Twist, Recover ;

**Part B 1 – 8 (8 meas)**

Open Break (w/ Y) to Full Natural Top ;;;;

Back Away 3 SNAP ; Together 3 Slap ; Circle Away and Together ;;

**Part A 9 - 18 (10 meas)**

Forward Basic ; Whip to Left Open ; Walk 3 ; Sliding Door ;

Rock Apart, Face, Close to an Alemana Turn ;;

Forward Lady Develope ; Recover & Side Walk 3 ; Close, Lunge ; Twist, Recover ;

**Part B (16 meas)**

Open Break (w/ Y) to Full Natural Top ;;;;

Back Away 3 SNAP ; Together 3 Slap ; Circle Away and Together ;;

Hand to Hand to LOP ; Back Walk 3 ; Back Basic ; Forward Spiral and Walk 2 ;

New Yorker to OP ; Walk, Forward Spiral, Walk ; Cucaracha Cross & Ronde to a Spot Turn ;;

**Ending (1 meas)**

Corte.